

## Current Resource Packs

- ***Suicide is Never the Answer*** — Still regarded as a taboo subject, this pack tackles the serious issue of suicide head on — a must for all schools!
- ***Bullying — A Complete Approach*** — This pack contains a section for teachers and parents with hints on how to identify bullying.
- ***Making Sense of Finance — Part 1*** — Covers the history of money, how to make money work for you, budgeting, saving & borrowing and banking.
- ***Teenage Depression — A Way Out*** — This resource pack tackles the issue of depression including its causes and the signs that parents and teachers can look out for.
- ***Personal Safety in Cyberspace*** — Looks at the dangers of chat rooms, phishing, webcams, cyber-bullying and online scams.
- ***Dealing with Addiction*** — Gives young people the facts about a variety of addictions and helps them to develop coping skills and strategies.
- ***Effective Job Hunting*** — Examines the entire job hunting process including career decisions, contacting agencies, job centres etc.
- ***Families & Relationships*** — Deals with relationships, families & step-families, parent/child relationships, dating, marriage and single-parent families.
- ***What Would You Do?*** — A series of plays involving a moral dilemma followed by activities to encourage discussion and further investigation.
- ***PSHE Activities*** — A set of activities and topics for discussion covering issues such as alcohol and drugs, gender issues, bullying, depression and self-esteem.
- ***Over to You*** — A valuable resource pack covering self-esteem, motivation, confidence and self-awareness — a comprehensive trainer manual plus worksheets.

# Coming Soon...

- **Your Life Your Choice** — Covers health, self-esteem, education, smoking/drinking/drugs, exam-stress, goal-setting & communication.
- **Making Sense of Finance — Part 2** — Covers opening a bank account, mortgages & buying a house, calculating interest, insurance, pensions, stocks & shares.
- **Choosing a Career** — This pack prepares young people for the world of work and examines the choices available and where to go for advice.

See [www.allresources.co.uk/schools/resources/](http://www.allresources.co.uk/schools/resources/) for more details and sample pages.

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