

## Current Resource Packs

- ***After COVID-19 – Returning to Education after the Coronavirus*** – The topic of coronavirus in various study modules. Examine COVID-19 through eight subjects.
- ***Suicide is Never the Answer*** – Still regarded as a taboo subject, this pack tackles the serious issue of suicide head on – a must for all schools!
- ***Bullying – A Complete Approach*** – This pack contains a section for teachers and parents with hints on how to identify bullying.
- ***Making Sense of Finance – Part 1*** – Covers the history of money, how to make money work for you, budgeting, saving & borrowing and banking.
- ***Teenage Depression – A Way Out*** – This resource pack tackles the issue of depression including its causes and the signs that parents and teachers can look out for.
- ***Personal Safety in Cyberspace*** – Looks at the dangers of chat rooms, phishing, webcams, cyberbullying and online scams.
- ***Dealing with Addiction*** – Gives young people the facts about a variety of addictions and helps them to develop coping skills and strategies.
- ***Effective Job Hunting*** – Examines the entire job hunting process including career decisions, contacting agencies, job centres etc.
- ***Families & Relationships*** – Deals with relationships, families & step-families, parent/child relationships, dating, marriage and single-parent families.
- ***What Would You Do?*** – A series of plays involving a moral dilemma followed by activities to encourage discussion and further investigation.
- ***PSHE Activities*** – A set of activities and topics for discussion covering issues such as alcohol and drugs, gender issues, bullying, depression and self-esteem.
- ***Over to You*** – A valuable resource pack covering self-esteem, motivation, confidence and self-awareness – a comprehensive trainer manual plus worksheets.

# Resource Packs Coming Soon...

- ***Your Life Your Choice*** — Covers health, self-esteem, education, smoking/drinking/drugs, exam-stress, goal-setting & communication.
- ***Making Sense of Finance — Part 2*** — Covers opening a bank account, mortgages & buying a house, calculating interest, insurance, pensions, stocks & shares.
- ***Choosing a Career*** — This pack prepares young people for the world of work and examines the choices available and where to go for advice.
- ***Understanding Youth Gangs and How to Reduce Youth Gang Involvement*** — Why do young people join gangs and how can they break free?
- ***Think Right!*** — This resource pack covers the power of positive thinking and the way it enhances self-esteem.

## Current Lesson Plans

- ***Bullying*** — This lesson plan covers what bullying is and the different types of bullying. It discusses the bully and the targets of bullying and how to tackle the problem.
- ***Healthy Eating*** — A lesson plan covering healthy eating, different food types and how to develop a healthy diet.
- ***Media Literacy — Part 1*** — This lesson plan covers media literacy and the skills linked to media literacy. It contains media literacy definitions and handouts for the classroom.
- ***Safety in Cyberspace*** — This lesson plan examines the dangers of the internet and how to stay safe on the web.
- ***Bullying and Cyberbullying*** — A lesson plan on bullying and cyberbullying. It covers how to deal with bullying and cyberbullying and contains handouts for the classroom.
- ***Social Media — The Pros and Cons*** — A lesson plan on social media. It goes into the benefits of social media as well as social media safety.
- ***After COVID-19 — PSHE*** — The personal, social, health and educational issues of COVID-19 are examined in this lesson plan.
- ***After COVID-19 — Maths*** — Looking at COVID-19 from a maths and statistical point of view, this lesson plan covers the figures of the coronavirus.

- **After COVID-19 – English** – A lesson plan that covers individual activities and experiences during the coronavirus through reading and writing.
- **After COVID-19 – Economics** – This lesson plan deals with the economical effects of COVID-19, furlough schemes and employment issues during the lockdown.
- **After COVID-19 – Geography** – This lesson plan discusses the COVID-19 coronavirus geographically, from its origin to how it spread globally, causing a pandemic.
- **After COVID-19 – History** – This lesson plan goes into historical pandemics and how they spread worldwide in times past.
- **After COVID-19 – IT/Social Media** – A lesson plan that looks at IT and social media and their uses during the coronavirus lockdown.
- **After COVID-19 – Science** – The medical impact of COVID-19, and viruses in general, as well as vaccines and protection against coronaviruses are covered in this lesson plan.

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