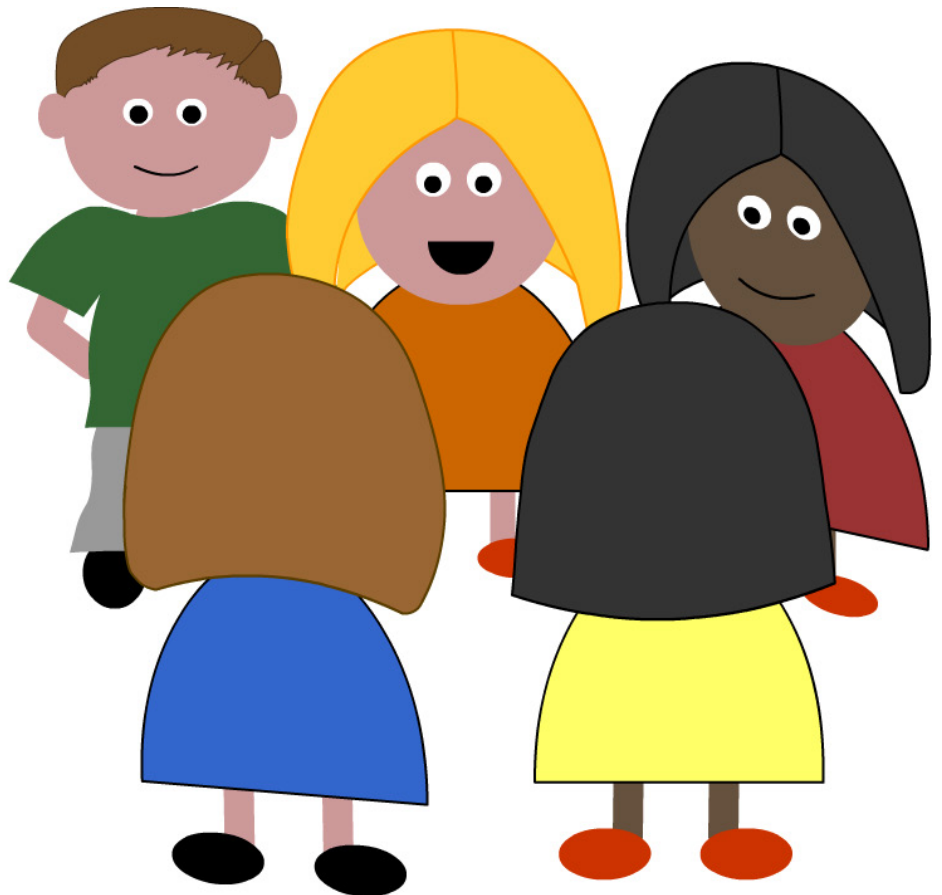


TARGETS OF BULLYING



FREE RESOURCE PACK: *TARGETS OF BULLYING*

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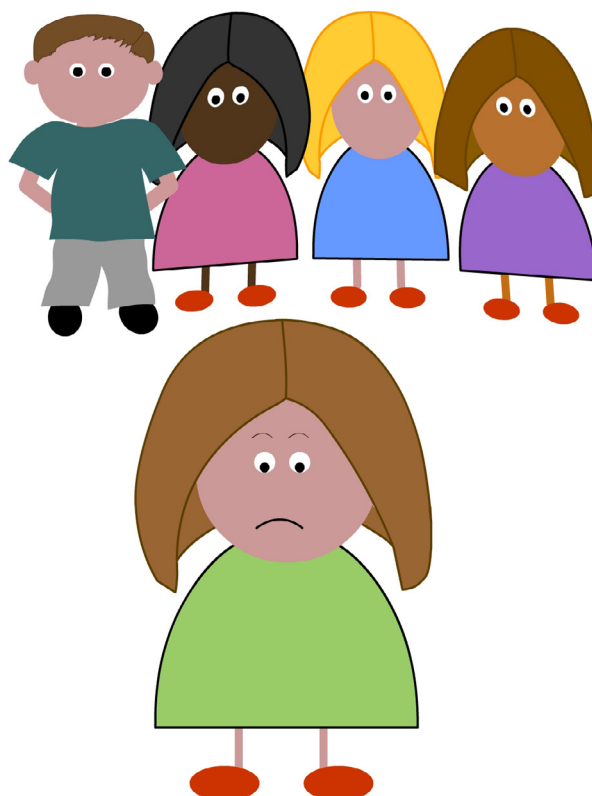
- A free resource which outlines the key points related to each particular issue
- In clear language, free of jargon and in easy to digest chunks
- To engage students of all ages and learning styles and help them improve their understanding
- To enthuse and engage young people and help create a positive learning environment

This free resource introduces ‘targets of bullying’.

What is Bullying?

Ask the group for their definitions of bullying and then write up the following on a whiteboard or flipchart:

‘Bullying is a regular form of deliberate behaviour that causes the target physical or emotional distress and can be carried out by an individual or a group over a period of time.’



Targets of Bullying

Is there such a thing as a typical target for bullying?

It may be true that some people are easier targets for bullies for a number of reasons:

- They have a physical disability or learning difficulty.
- They may be quiet or studious.
- Their race/religion/culture.
- They have a health condition.
- Issues of a sexual or sexist nature.
- LGBT prejudices.
- No apparent reason at all—the bully just happens to have singled them out.

Questions to Ask Students

1. Can you think of anything else that would make a person a target for bullying?
2. Have you been bullied or have you bullied others?
3. Why would a person bully another person?
4. What do you think a target of bullying feels after he/she has been bullied?
5. How do you think the bully feels after he/she has bullied someone?

We hope you found this free resource useful.

For **10% off** resources and lesson plans use code **FTOBEB** on our website. For a **25% discount** [fill out our questionnaire online.](https://www.allresources.co.uk/questionnaires/targets-of-bullying/)

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Useful Online Information

UK

Anti-Bullying Alliance	www.anti-bullyingalliance.org.uk
Anti-Bullying Network	www.antibullying.net
Bullying UK	www.bullying.co.uk
Childline	www.childline.org.uk
Kidscape	www.kidscape.org.uk

Ireland

The National Anti-Bullying Centre	www.antibullyingcentre.ie
Spunout	www.spunout.ie
Stop the Bully	www.stopthebully.ie

Worldwide

Stop Bullying.gov	www.stopbullying.gov
Stomp Out Bullying	www.stompoutbullying.org
BullyingCanada	www.bullyingcanada.ca
PREVNet	www.prevnet.ca
Bullying. No Way!	www.bullyingnoway.gov.au
ReachOut	www.au.reachout.com
Befrienders Worldwide	www.befrienders.org

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